

Facial Treatments



Decleor Aroma Mosaic Facial Treatments

Each facial treatment features the distinctive Decleor style: a welcoming back massage and a facial using aromatherapy essential oils and natural plant extracts, also includes a relaxing scalp or hand and arm massage.

Advanced Excellence Age Precision Facial



This anti-ageing treatment uses techniques originating from Asia to lift and sculpt the facial contours whilst releasing facial tension and fatigue leaving the skin brighter, healthier with regained youthfulness and a long lasting glow.

Excellence 1hr 45mins **£95.00**
x6 **£510.00**

Aroma Expert Excellence - Optimum Facial



Decleor's ultimate facial reflecting all of Decleor's expertise, with 'science and nature' combining to give unique and unrivalled benefits.

Excellence ~ Radiance 1hr 30mins **£75.00**
x6 **£405.00**

Aroma Expert - Precision Facial

This treatment can be adapted to provide an expert and tailored response to each skin type. Drawing on the power of essential oils and highly active ingredients, to act deep down and guarantee optimum targeted performance.

Soothe - Nourish - Lift - Essential - Purify 1hr 15mins **£67.50**
x6 **£365.00**

Aromaplasty - Signature Facial

Decleor's signature facial treatment can be adapted to suit all skin types.

Soothe - Nourish - Lift - Essential - Radiance Purify - Excellence 1hr 15mins **£61.00**
x6 **£330.00**

Aromatic Facial

A treatment designed by Skin & Tonic using Decleor professional products. Includes cleanse, exfoliate, facial massage, mask and moisturiser, plus your choice of hand, scalp or neck and shoulder massage.

1hr **£52.50**
x6 **£285.00**



With Dermalogica's revolutionary formulations and our treatment expertise, we can treat the cause of your skins problems not just the symptoms. Whether your concerned about acne breakouts or premature ageing, you'll notice dramatic results in a minimum of time. Armed with a thorough Face Mapping™ skin analysis, your treatment will pinpoint exactly what your skin needs (and what it doesn't). Each of the following facials can be adapted to suit you, whatever your skin concerns.

All Facials include:

- Consultation
- Double Cleansing
- Power Exfoliation
- Face Mapping™
- Treatment Masque

Ultimate Treatment Facial



More than a facial, this is a relaxing unwinding treatment and has the additional benefits of a stress relief back massage, facial pressure point massage, plus your choice of hand, scalp or neck and shoulder massage.

1hr 30mins **£75.00**
x6 **£405.00**

1hr 15mins **£67.50**
x6 **£365.00**

Prescriptive Facial Treatment

A thorough facial designed to meet your skins needs. This treatment can be adapted to give a deep cleaning back treatment.

1hr **£52.50**
x6 **£285.00**

Teenage Facial

The perfect treatment for adolescent skin.

1hr **£46.50**

Hours of Business

Monday	9.00am - 9.00pm
Tuesday	9.00am - 9.00pm
Wednesday	9.00am - 9.00pm
Thursday	9.00am - 9.00pm
Friday	9.00am - 5.30pm
Saturday	8.30am - 4.00pm

Skin & Tonic

39 Abbey Avenue, St. Albans, Hertfordshire AL3 4BH
Telephone 01727 857223 info@beautyatskinandtonic.co.uk

FREE PARKING is widely available directly outside the salon or in any of the side roads.

For map of salon location please visit: www.beautyatskinandtonic.co.uk

Ellipse IPL - Permanent Hair Reduction and Skin Rejuvenation



Consultation & Patch Test **£37.50**
(This fee will be deducted from the cost of your first treatment).

Ellipse light uses clinically proven, safe and effective techniques to provide permanent hair reduction for the face and body. It can also treat sun damaged skin, acne scarring, age spots, uneven pigmentation and thread veins. A course of treatments is required to achieve desired results.

Skin Rejuvenation

Area	Single	Course of 3
Hands	£75	£200
Face	£125	£335
Face & Neck	£170	£455
Décolleté	£125	£335
Face, Neck & Décolleté	£250	£675
Facial Thread Veins	from £65.00	

Hair Removal

Area	Single	Course of 6 (1 free)
Upper Lip	£64	£320
Chin	£74	£370
Lip & Chin	£120	£600
Neck or Jaw Line	£120	£600
Underarm	£140	£700

Hair Removal continued

Area	Single	Course of 6 (1 free)
Regular Bikini Line	£145	£725
Extended Bikini Line	£170	£850
Thong	£185	£925
Brazilian	£215	£1075
Breast or Tummy Line	£90	£450
Hands/Feet	£75	£375
Forearm	£180	£900
Lower Leg (inc knees)	£315	£1575
Thigh (inc knees)	£335	£1675
Full Leg	£495	£2475
Back or Chest	from £190.00	

Course of 3 hair removal treatments available at a 10% reduction.

Electrolysis

Safe permanent removal of unwanted hair. Using Diathermy or Blend method. For each client visit a sterile disposable needle is used. A free consultation is available to first time clients to discuss your needs and allow you to try the treatment without obligation.

Minimum charge	£18.00
x10	£166.50
15mins	£24.50
x10	£220.50
20mins	£26.50
x10	£238.50
30mins	£33.50
x10	£301.50

Advanced Electrolysis

A highly specialised treatment for the removal of red veins, skin tags, blood spots, millia and seborrheic warts.

30mins **£42.50**

Gift Vouchers

Gift Vouchers are available for all treatments or any monetary value, they make the perfect gift for any occasion. Gift vouchers can be mail ordered by telephone and online. Gift Vouchers are valid for three months from date of purchase and are non refundable.

Salon Information

- Please tell us if we can make your visit more comfortable or if a matter should arise that you are not completely happy with, we will endeavour to rectify the situation immediately.
- In order to maintain the relaxing ambience for clients of the salon, we would ask that mobiles be switched off during your time with us.
- Courses are valid for six months.
- We offer a Loyalty scheme which rewards regular clients, please ask for details.
- We accept visa, mastercard, debit cards, cheques and cash.
- We offer 10% discount to under 18's for all suitable treatments.
- As a courtesy to other clients and our therapists, please give at least 24 hrs notice if you need to cancel or change an appointment. Please note there is a cancellation fee of £5 for every 15 mins booked, if the appointment is cancelled within 24 hrs and cannot be filled. Missed appointments are charged at 100% of the treatment price.
- Bring open toed shoes to wear after a pedicure.

We recommend that you:



Skin & Tonic

Beauty Salon



Telephone: 01727 857223
www.beautyatskinandtonic.co.uk

Skin and Tonic - Experience the difference

Salon of the Year 2011 - The Professional Beauty Awards

Award winning Skin & Tonic Beauty Salon was opened in 1996 by beauty therapist Laura Bateman, her philosophy is to provide an unrivalled service believing that high quality products, effective treatments and a place to escape from the stresses and strains of modern day life, promotes a sense of wellbeing and relaxation.

Skin & Tonic has an enviable reputation for providing an exceptionally high standard of service using safe, effective, professional treatments and products in a luxurious and calm environment. From the necessary to the luxury, all our treatments are carried out to the highest standard by our expert and caring therapists. Our team consists of highly trained and caring individuals who take great pride in ensuring that clients receive the maximum benefit from treatments, products and aftercare.

Our aim is to exceed expectations so please let us know if there is anything we can do to enhance your time with us, we will be happy to help. If you have any queries or would like to book an appointment please telephone or call in anytime.

Awards & Recognition

Our dedication and expertise has been acknowledged since we began entering professional industry awards in 2008 and Skin & Tonic is now recognised as one of the best salons in the country.

Over the years we have achieved many awards, the most recent being Salon of the Year 2011 - The Professional Beauty Awards.

A full list of awards can be seen on our website.





Manicure & Pedicure by OPI

Paraffin Wax Manicure	All the benefits of the 'Luxury Manicure' with the addition of paraffin wax, excellent for nourishing and softening dry, parched skin. Also good for arthritic joints.	1hr	£40.00
Luxury Manicure	An intensive treatment to care for every aspect of the hands and nails.	1hr	£32.50
Treatment Manicure	To include re-shape, cuticle work and an application of nail treatment (no polish).	45mins	£26.50
Express Manicure	To include re-shape and polish.	30mins	£22.00
Paraffin Wax Pedicure	All the benefits of the 'Luxury Pedicure' with the addition of paraffin wax therapy to soften and nourish even the driest of heels!	1hr 15mins	£50.00
Luxury Pedicure	An intensive treatment to treat and care for every aspect of the feet.	1hr	£41.00
Express Pedicure	To include nail trimming and polish.	30mins	£26.00

for manicure and pedicure appointments requested with Laura 15% will be added to above prices

Bio Sculpture Gel - The perfect solution for beautiful nails

- **Non-damaging**
- **Last 2 -3 weeks**
- **Smudge proof**
- **Chip proof**
- **Easy home care**

Applied over the natural nail Bio Sculpture Gel treated nails keep their well manicured look long after application.

Gel Overlays Colour	from £38.00	Gel Overlays Colour including soak off	£46.50
Gel Overlays French	from £44.50	Gel Overlays French including soak off	£52.50
Gel Removal Treatment Manicure	£35.50	Gel Overlays plus Luxury Pedicure	from £56.00

Shellac

- **14 Day wear**
- **Mirror finish**
- **Zero dry time**
- **No nail damage**

This revolutionary product applies like polish and lasts for up to 14 days without losing its high gloss shine. It removes easily without damaging the natural nail.

Shellac Manicure	To include nail shaping, dry cuticle work and Shellac application.	45mins	£28.00
Luxury Shellac Manicure	Our Luxury Manicure followed by Shellac application.	1hr 15mins	£40.00
Shellac Pedicure	To include nail shaping, dry cuticle work and Shellac application.	45mins	£32.00
Luxury Shellac Pedicure	Our Luxury Pedicure followed by Shellac application.	1hr 15mins	£48.50
Shellac soak off	With re-application.	15mins	£8.50

Please note:

French Shellac - an additional £6.00 will be added to the above prices.

Waxing

Carried out using Luxury Creme Wax. We advise the use of No Bump Lotion for anyone who suffers with ingrown hairs. For Bikini Waxing we recommend the hair is trimmed to approximately 1cm, this will ensure your waxing experience is as comfortable as possible. All our therapists have taken extra training in Brazilian waxing.

Half Leg (lower)	£22.00	Thong	from £26.00
Half Leg (upper)	£26.00	Brazilian	from £37.00
Full Leg	£37.00	Underarm	£14.00
Three Quarter Leg	£26.00	Lip or Chin	£11.50
Bikini Line	from £14.00	Lip and Chin	£18.00
Extended Bikini Line	from £20.00	Half Arm	£22.00

Save 10% when booking leg wax plus one other area.
Save 15% when booking leg wax plus two other areas..

Threading

Threading is a natural ancient form of hair removal using 100% antibacterial cotton thread. It creates a very defined brow and is great for sensitive skin.

Eyebrows	£16.00
Lip or Chin	£13.00
Lip & Chin	£19.50

3D Effect Eyelash Extensions

3D effect lash extensions will give you longer thicker lashes. Subtle and elegant or full on glamour, you decide and we create the perfect look for you. The individual lashes come in various lengths and thicknesses and adhere to your own lashes for a long lasting look.

Full set of Eyelash Extensions	1hr 15mins	£75.00
Maintenance Infills	45mins	£35.00
Full Set plus 2 Maintenance Infills		£125.00 (saving £20)

Aromatherapy

An Aromatherapy treatment is one of the most relaxing and effective antidotes to stress, combining specialised deep pressure massage with the therapeutic effect of pure essential oils.

Aromatherapy Body Massage	One of the most beneficial treatments for stress, using deep pressure massage combined with the therapeutic effect of pure essential oils chosen to suit your needs, be it to relax, re-energise, de-stress, soothe aching muscles or revive.	1hr 15mins x6	£66.50 £360.00
Essential Tension Zone Massage	The instant solution to stress. Specially blended essential oils are combined with a pressure point massage to decongest and relieve muscular tension in the shoulders, neck and scalp.	45mins 45mins x6 1hr 1hr x6	£43.00 £235.00 £48.00 £260.00

Holistic Hot Stone Massage Therapy

This magical treatment uses warmed lava basalt stones to melt away tension and leave you feeling deeply relaxed whilst restoring balance to body, mind and soul. It's therapeutic effects are beyond measure.

Hot Stone Experience	The ultimate in relaxation, Hot Stone Body Therapy combined with a relaxing facial treatment.	1hr 45mins	£100.00
Hot Stone Body Therapy	A complete body experience.	1hr 15mins	£74.00
Hot Stone Tension Relief	This treatment concentrates on the back, neck and shoulders.	1hr	£55.00



CACI Ultimate Facial Treatments

CACI Ultimate non-surgical facial treatments define your facial contours and achieve wrinkle free, toned skin without surgery. CACI Ultimate combines microcurrent muscle toning, microdermabrasion, LED photo-therapy and high frequency stimulation.

CACI Ultimate Anti-Ageing Facial	The ultimate treatment developed to firm, plump & soften the skin and visibly reduce fine lines & wrinkles.	1hr 45mins	£95.00
	<ul style="list-style-type: none"> • Microdermabrasion with LED phototherapy • Microcurrent toning • Wrinkle comb 	x6	£515.00
	<ul style="list-style-type: none"> • Lymphatic massage with intense hydration • Hydratone Mask 	x10	£855.00
CACI Ultimate Lift	The original non-surgical face lift has been updated to give you the maximum results, lifts and tones the facial muscles to remodel your face for a smoother younger looking complexion.	1hr 15mins	£72.50
	<ul style="list-style-type: none"> • Microcurrent toning • Wrinkle comb 	x6	£391.50
		x10	£652.50
CACI Classic Lift	The original non-surgical face lift, lifts and tones the facial muscles to remodel your face for a smoother younger looking complexion.	1hr	£57.50
	<ul style="list-style-type: none"> • Microcurrent toning 	x6	£310.00
		x10	£515.00
CACI Instant Radiance Facial	Achieve a clearer, smoother and more youthful complexion with this intense skin treatment.	1hr	£62.00
	<ul style="list-style-type: none"> • Microdermabrasion with LED phototherapy • Wrinkle Comb • Lymphatic Massage with intense hydration • Hydratone Mask 	x6	£335.00
		x10	£558.00

Eye Care

Combined Lash & Brow Tint		30mins	£27.50
Eyelash Tint	24 hr patch test required before first lash tint	30mins	£21.00
Eyebrow Shape	Wax or tweeze	15mins	£14.00
Eyebrow Tint		15mins	£14.00
Complete Brow Grooming	Includes brow shape plus tint	30mins	£25.00

Body Exfoliating Treatment

An invigorating treatment to slough away dead skin cells, leaving the skin silky smooth.

1hr **£48.50**

Mother To Be Treatment

A wonderful treatment to relax and care for the 'mum to be'. Each treatment is individually tailored to nurture and care for the body and facial skin throughout pregnancy. A lovely one off treat or for more intense benefits a course of treatments is recommended to help prevent stretch marks.

1hr 30mins x6 **£85.00**
£460.00

Tanning Treatment

St Tropez Airport allows your therapist to evenly spray you with atomised St Tropez Bronzing Mist in a warm and comfortable environment. Application is quick, safe and easy.

15mins x6 **£29.50**
£155.00



Jane Iredale Make-Up

Known as the skincare make-up Jane Iredale is so effective and beneficial to use it is recommended by plastic surgeons and dermatologists worldwide. It gives coverage that is light as a feather and lets your skin breathe, using flattering colours with silky staying power that doesn't crease or cake.

- Non-comedogenic
- Minimal allergy risk
- Contains SPF
- Anti-inflammatory
- No talc or parabens
- Pure mineral make-up

Make-up

An opportunity to learn new techniques or just refresh your look. Complimentary with Jane Iredale purchases of £50 or more at your make-up.

1hr **£42.50**